

BECOME A MEMBER

REGISTER ONLINE

www.yourlocalpantry.co.uk

Go to the Your Local Pantry website and find Burgess Hill Pantry. Or we can register you at The Pantry.

WHERE TO FIND US

The Martlets, Burgess Hill

We are situated within Trading Spaces with Scrapless, LOCA Designs and Remake, opposite the old Lidl Shop

OPENING TIMES

Tuesdays & Thursdays

Hours

10.00 am - 12.30 pm
1.30 pm - 4.00 pm
or by appointment

CONTACT US

Manager - Julie Smyth

E-mail : hello@bhlocalpantry.org
Tel : 0800 987 1156

DONATE

The pantry relies on donations. If you would like to help people who are in food poverty you can donate via www.cafonline.org Burgess Hill Community Cupboard



VOLUNTEER

Our Pantry volunteers help check members in, manage payments, keep the pantry stocked and make sure all our food is fresh and ready for members. If you would like to help us increase our impact or pick up new skills and experience, please pop in, email or give us a call.

**Burgess Hill Local Pantry is run by
Burgess Hill Community Cupboard a
Charitable Incorporated Organisation
25-29 The Martlets
Burgess Hill, RH15 9NN
Charity Number: 1191035**

WHY A PANTRY

Tanya King, Social Inclusion Manager at Stockport Homes

Food poverty is a reality as incomes stagnate with little prospect of increasing. The Pantry model is an effective way to make sure that people's budgets go further. The benefits of Pantries are numerous: they provide breathing space for struggling families; they offer fresh food to households that would otherwise be limited to cheap, less healthy food; and they tackle social isolation. Pantry members we spoke to said the Pantries had allowed them to have enough money to pay for essential bills, or to save for Christmas or to visit family.



HOW IT WORKS

Register as a member.

When you visit, (one visit per week)
you pay £4.00 and can shop for
10 items with a value of £10-£15

Your 10 items will include

3 items valued at £1.50 or over
7 items valued at under £1.50

Other items may be available free of charge,
depending on availability.



The pantry is here to help you top up your weekly shop, and the variety of food available includes fresh fruit and veg, store cupboard favourites, bread and dairy products.



No
Cupboard
Empty

