

Burgess Hill Town Council

PRESS RELEASE

6 September 2021

BURGESS HILL'S SUMMER OF FUN

The successful Health and Wellbeing Day which took place on Saturday 4 September marked the end of a Summer of Fun for Burgess Hill. The Town Council have put on 10 FREE events over the Summer, and we are thrilled with the positive reaction these have received.

Attendees of the events gave great feedback:

'Well done Town Council! Absolutely brilliant!'

'I'm so grateful to the Council for putting this on, my kids have loved all of the activities.'

'We went down to the Town Centre today to make good use of the children's activities (my daughter is 6) the circus activities were really fun and we also built a lot of sandcastles in the sand pit too. It was great to see so many children taking part - well done to the Town Council!'

We started off the Summer with Burgess Hill is Back, a Town Centre event with community stalls throughout Church Walk and the Martlets Square and free Crazy Golf and Strike a Light Reaction Game. Throughout the Summer Holidays we have run our Wowzer Wednesdays programme, with 5 events including Circus Skills, Puppet Shows, and Inflatables in the Park.

Over in Bedelands Nature Reserve we ran a Young Carers Event with Burgess Hill Youth and Action in Rural Sussex, letting the young people explore and connect with nature.

Rock up and Ride returned to the BMX track off of Maple Drive, with professional coaches from Gosport BMX club teaching kids new skills, and the Sussex Clubs for Young People Purple Bus providing craft

activities. This event was also supported by Burgess Hill Youth, Respect Youth Club and Dumbrills Close Residents Association, and kindly sponsored by Burgess Hill District Lions Club.

We supported Burgess Hill Cricket Club to put on a T20 Match with Haywards Heath Cricket Club, in St John's Park, supported by 7th Scouts with their hot donut stall.

Alongside August's Burgess Hill Town Market we organized Children's Craft Activities, held in the Burgess Hill Theatre, with the crafts run by Fish and Bricks Preschool and Burgess Hill Youth. Preschool and primary aged children joined in the fun and created all sorts of artwork to take home.

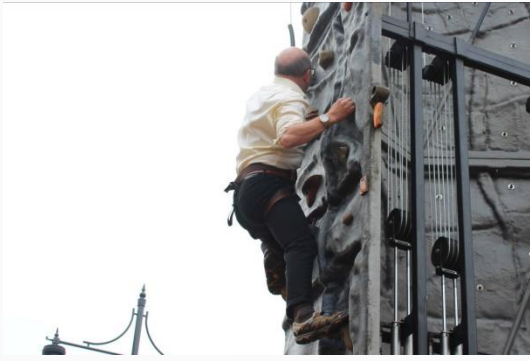
Finally the summer was rounded off with the Health and Wellbeing Day, the largest event of the programme, which took place over multiple sites, with sports and fitness activities in St John's Park, an exhibition from Burgess Hill Artists in St John's Church, and community stalls and a free Climbing Wall and Strike a Light reaction game in Church Walk. Town Centre businesses also opened their doors, offering free tasters, advice and workshops on their offerings.

Speaking on the Health and Wellbeing Day, Town Mayor Anne Eves said: *'There really was something for all ages, & this 61-year-old loved clambering up the climbing wall, trying the rugby and being rubbish at the Viking Game. Congrats to the officers for putting together a free & truly inclusive event!'*

Leader of the Council Robert Eggleston said: *'Coming together as a town with a focus on our physical and mental wellbeing is a crucial part of our recovery from the covid pandemic. The Town Council provided space for physical exercise, health and nutrition advice and for general relaxation that residents of all ages could enjoy and from which they could benefit. So as well as climbing a wall or riding a tandem or trying yoga you could have your own health MOT. This was our first Health and Wellbeing Day and I hope it becomes a regular part of the town's event calendar.'*

So what's next? We want to hear from YOU about what you thought of this year's events programme, and what you would like to see us do next year. Find a link to our feedback form on our website noticeboard at www.burgesshill.gov.uk





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