

Burgess Hill Town Council

PRESS RELEASE

23 September 2021

Young carers to return to face to face events

Burgess Hill Youth and the Town Council are pleased to confirm to all that the events will resume with immediate effect. Burgess Hill Youth, a voluntary organisation in the town, leads the events with administrative support from the Town Council. The aim of the support for young carers is to provide free events for those in the town and the immediate surrounding area. Young carers are children and young people who help look after a member of the family who is sick, disabled or has mental health problems, or is misusing drugs or alcohol. They may be someone who has direct caring responsibilities or they may be someone whose life is affected as a result of living with someone who has these conditions.

Support has continued for this group during the pandemic with various door step deliveries during the lockdown and then some smaller scale outdoor activities in the summer holidays for a smaller number of young carers. We would now like to remind the community that we are back open and inform you all of our planned activities.

This weekend there is a residential event at PGL Windmill Hill which will be an opportunity for young carers to have a great weekend of planned and organised activities supported by Jackie Cooper Chair of Burgess Hill Youth and Ian MacDonald from Sussex Clubs for Young People. Woodlands Meed School are generously loaning one of their minibuses to transport the young carers taking away the stress of transport for families. This activity is now fully booked but the team are keen to run these residential events annually so would encourage you to attend the group activities.

On Thursday 14 October there will be a campfire and pizza session for the 10 year plus young carers at

Fairfield Community Centre from 4.30-6.30pm. We then have our next open session at Fairfield Community Centre for ages 6-11 years to be held on Tuesday 26 October from 10am-2pm. We have a wide variety of activities planned including crafts, pool, table tennis, outdoor activities plus much more. The Mustard Seed café have also confirmed they will be providing lunch to support the event too.

Burgess Hill Youth Chairperson Jackie Cooper says: 'We are looking forward to welcoming our Young Carers to our first Half Term Activity Day since February 2020. It will be great to catch up with everyone properly and not just having a quick chat on the doorstep.'

Town Mayor Says 'It's great to see these activities & events resuming, for a group of young people who really need our support. A big thank you to BH Youth and to Sussex Clubs for Young People for everything they do to look after the town's young carers!'

Please contact Jennifer at the Town Council for further information.

YOUNG CARERS FUN DAY

A YOUNG CARER IS SOMEONE WHO IS LIVING WITH A PERSON WHO HAS AN ILLNESS,
DISABILITY, MENTAL HEALTH ISSUES, OR DRUG AND ALCOHOL PROBLEMS

10AM - 2PM TUES 26 OCTOBER

FAIRFIELD COMMUNITY CENTRE, WESTERN ROAD

FOR AGES 6 - 11 YEARS

GAMES, FUN ACTIVITIES, CRAFT,
LUNCH & REFRESHMENTS & LOTS MORE.

ALL FREE !!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

TO BOOK YOUR PLACE OR GET MORE INFORMATION CONTACT JEN ON
01444 238207 (9AM - 3PM) OR EMAIL jennifer@burgesshill.gov.uk

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