



*Celebrating
40 Years of
About Town*

No. 150
November 2022

About Town

Issued by Burgess Hill Town Council



*It's
Christmas!*



19 November

CHURCH WALK

12 - 6pm

Please email
communityteam@burgesshill.gov.uk for
more information.

BurgessHill
Town Council



Message from the Mayor

Hello and welcome to the Winter edition of *About Town*. It was fun to learn that our community magazine was first published forty years ago this month as it's the exact same time that I came into existence!



It's been a busy period in Burgess Hill since my last column, with the sad passing of Queen Elizabeth II in September. Reading out the Royal Proclamation to announce King Charles III was nerve-wracking, but a great honour. Many residents and community groups left tributes at the memorial site.

The **Burgess Hill Bonfire Society Procession** was back and huge numbers turned out to line the streets to see it. Congratulations to all involved and a special mention to Doug Stewart who has retired from his MC'ing duties after 20 years.

I've greatly enjoyed visiting local schools to promote the **Mayor's Christmas Card Competition**. The winners will be joining me on stage on Saturday 19 November to turn on the town's Christmas lights – which I'm very excited about. Don't miss it!

Peter Chapman, Burgess Hill Town Mayor

Photograph from Burgess Hill Town Mayor Peter Chapman of St John's Church lit in purple in memory of Queen Elizabeth II



Celebrating 40 Years of *About Town*

Marking a huge milestone for *About Town*, this issue arrives 40 years after the first issue was published in December 1982. The magazine was introduced to 'draw your attention to the facilities and events that are available in the Town' and over the years has covered significant changes in Burgess Hill. The Town Council is pleased to continue to produce *About Town*, and continue the conversation with our residents promoting all that Burgess Hill has to offer. *About Town* is your magazine, and we are always open to new content, see page 4 for contact details for submissions.



This issue features an article from Burgess Hill Heritage and History Association, who, since forming in 1979, have covered the 40 years of history since *About Town* began, as well as looking much further back. Read on to find out about more of the Association's work and how you can get involved.

We are also looking ahead to the festive season – make sure to have your diaries ready to mark the dates of upcoming events including 'It's Christmas in Burgess Hill!', performances of **A Christmas Carol** and more.

Thank you for joining us for 40 years of *About Town*!

Emily Bryant, About Town Editor

Front cover image: Tom Boyle @TB photography on Flickr



Editorial and Advertising

The next issue will be published in March. The advertising and copy deadlines will be in January, exact date to be confirmed. Please get in contact in advance of the deadline to reserve space.

Contact Details:

Advertising – advertising@burgesshill.gov.uk

Editorial – abouttown@burgesshill.gov.uk

About Town is published by Burgess Hill Town Council.

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Keep in Touch

Find our latest news and updates on our social media:

 @BurgessHillTownCouncil

 @BurgessHillTownCouncil

 @BurgessHillTC

Receive a digital copy of *About Town* – sign up through our website: www.burgesshill.gov.uk/about-town-mailing-list

Sign up to our Events Mailing List through our website to receive email notifications of ALL Town Council Events! We have plenty of exciting events coming up so make sure you are in the know – sign up here:
www.burgesshill.gov.uk/events-mailing-list



An Update from Sussex Police

Thankfully, Mid Sussex is generally a very safe place to live. However, we recognise that crime does occur on occasions, and that's why we continue to provide education and enforcement on a number of topics.

Typically, we see an increase in reports of antisocial behaviour over summer. This can include criminal damage, harassment, excess noise and antisocial driving, for example. Working with Mid Sussex District Council, Burgess Hill Town Council and the local community, we aim to engage with groups and individuals – and take action where necessary – to keep antisocial behaviour to a minimum.

We have stepped up patrols in public spaces and parks such as St John's Park, and we're reminding people of the impact their behaviour can have on others, and that it won't be tolerated.

A Public Spaces Protection Order is in place in Burgess Hill, and this ensures we can stop people from gathering in certain areas where concerns have been raised. We want the residents of our district not only to be safe, but to feel safe too.



This order has resulted in a dramatic decrease in the number of car meet-ups over the past few years. These organised events were also raised as a concern by residents due to the noise and antisocial behaviour associated with them. However, it's important to add that this is a small number of individuals; the vast majority of motorists are generally safe and competent road users, and we have a number of tactics in place to tackle antisocial driving and riding throughout the year.

We're aware these meet-ups do still happen though, and we continue to work with our partners and the local community to identify any areas of concern.

As ever, we encourage residents to remain vigilant and report any suspicious activity to us online or via 101. In an emergency, dial 999.



Festive Rubbish and Recycling Collection Changes

Waste and recycling collection days will change for one week over the Christmas and New Year period. Your festive collection days are as follows:

| Normal Collection Date | Festive Collection Date |
|-------------------------------|-------------------------|
| Monday 19 December | No Change |
| Tuesday 20 December | No Change |
| Wednesday 21 December | No Change |
| Thursday 22 December | No Change |
| Friday 23 December | No Change |
| Monday 26 December | Tuesday 27 December |
| Tuesday 27 December | Wednesday 28 December |
| Wednesday 28 December | Thursday 29 December |
| Thursday 29 December | Friday 30 December |
| Friday 30 December | Saturday 31 December |
| Monday 2 January 2023 onwards | No Change |

Rubbish and recycling kerbside collections will return to normal from Monday 2 January 2023.

Any missed collections should be reported using the online missed bin collection form which can be found on our website www.midsussex.gov.uk/waste-recycling/bin-collection.

Garden Waste

There will be no garden waste collections between Monday 26 December and Friday 6 January, the last collection being Friday 23 December. Garden waste collections will return to normal from Monday 9 January 2023.

Christmas Trees

Remember your Christmas trees can be composted in your garden waste bin. Just make sure the lid can be closed. Alternatively, there will be temporary sites where residents can drop off real Christmas trees for recycling.

These sites will be open between Friday 30 December 2022 and Friday 13 January 2023. More details are available at www.midsussex.gov.uk/treerecycling

Christmas trees can also be disposed of at your local recycling centre. Please check opening hours for the festive period via our website www.midsussex.gov.uk/recycling-centres

If you have any questions about your festive waste and recycling please visit our website for more information www.midsussex.gov.uk/waste-recycling or email wastematters@midsussex.gov.uk

Brightening up the Boxes

Burgess Hill Mayor Cllr Peter Chapman met up with amateur artist with the U3A and Burgess Hill resident, Ian McConachie to see his design of the Burgess Hill Water Tower painted on the Virgin Media box on the corner of Greenlands Close and Greenlands Drive.



Art teacher and Burgess Hill resident, Richard Black painted his design dedicated to J. C. Bee-Mason who was a film maker, explorer, beekeeper and campaigner. It shows him as he was when he lived in Burgess Hill as a bee keeper, but also include images of his days as a film maker/photographer on his expeditions to the

Arctic and the Bolivian jungle. Bee-Mason lived at a couple of addresses in Burgess Hill including Santos, 20 Junction Road and you will find this artwork opposite the property.

The Town Council entered an agreement with Virgin Media for local artists to paint some of the media cabinets around the town. Residents and Ward Councillors have been consulted on the designs before the boxes in their neighbourhood are approved by Virgin Media.

Any local artists wishing to get involved with this initiative please contact Liz at the Town Council, liz@burgesshill.gov.uk.



Considering Reducing Alcohol?



Our alcohol advisor can expertly support you to reduce alcohol and reclaim your health!

Get in touch with us to arrange FREE one-to-one sessions.

For anyone over 18 years of age.



mid sussex wellbeing



01444 477191

wellbeing@midsussex.gov.uk

midsussex.westsussexwellbeing.org.uk



Burgess Hill Photos

It is always a pleasure to see Burgess Hill through the eyes of its residents, and what better way to do so than through photography. We received a number of photos this issue, including some wonderful nature shots of our green spaces from local photographer Tom Boyle, a striking photo of the town centre in the evening light from Ann Winney, and historical photography of a Burgess Hill pub from John Buck.



Photo: Tom Boyle

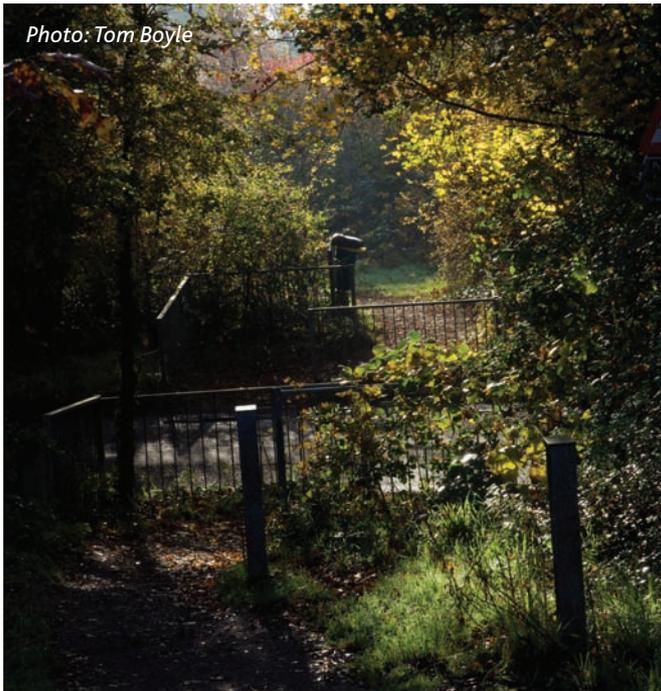
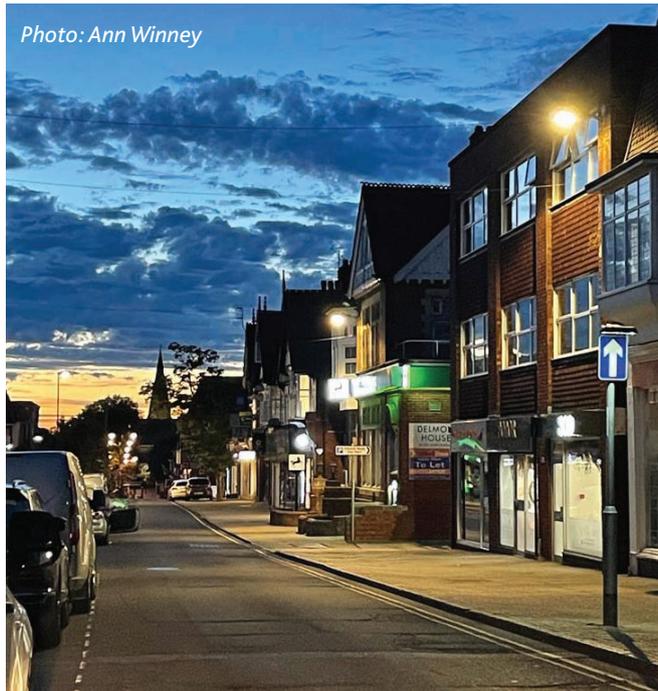


Photo: Ann Winney



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The Expanding Role of GP Surgeries

During the past few years, the role of our GP surgeries has expanded. Practices have significantly broadened the specialist services they offer, with the aim of helping patients to live happier and healthier lives.

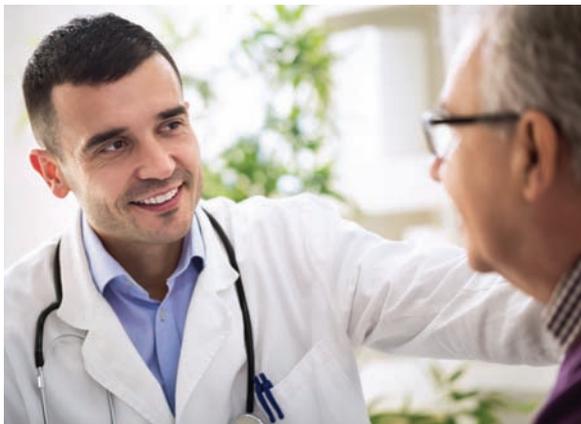
Among the services available to patients is the support of a Social Prescriber or Care Co-ordinator. These roles aim to give people time to discuss any challenges they may be facing and help them to focus on what matters to them. Social Prescribers can connect people to community groups and services for both practical and emotional support.

This holistic approach has the scope to help a diverse range of people including those:

- with one or more long-term conditions
- who need support with their mental health
- who are lonely or isolated
- who have complex social needs that affect their wellbeing.

“Social Prescribers provide the invaluable link to appropriate services and social groups that help patients to combat feelings of isolation, exclusion or loneliness,” says Dr Terry Lynch, GP and Clinical Director at Burgess Hill and Villages Primary Care Network.

Each of the practices in the Burgess Hill and



Villages Primary Care Network employs at least one Social Prescriber.

As well as Social Prescribers, many practices now also employ Clinical Pharmacists and Physiotherapists too. Clinical Pharmacists help to support patients to understand the reasons they are taking

medication and ensure they're on the correct dose and type. Sometimes their role may also involve support in de-prescribing – for example if a patient is struggling to stop taking a medication.

Practice-based Physiotherapists offer a first point of contact for patients experiencing medical complaints such as bad backs or sore joints.

“These are highly qualified teams and experts in their field. We're delighted to be able to offer access to such skilled professionals and hope that our patients will continue to take full advantage of their knowledge and experience,” adds Dr Lynch.

And this may well be just the beginning, going forward Dr Lynch and his team are exploring plans to expand local primary care services even further with the provision of practice-based mental health support in partnership with local mental health providers.

Patients can access all of the additional services by calling their GP surgeries.



Time for Dementia

Local families affected by dementia are being invited to take part in an award-winning programme, to help train the healthcare professionals of tomorrow and improve dementia care.

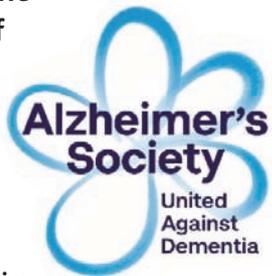
The Time for Dementia project, supported by Alzheimer's Society, pairs families affected by dementia with undergraduate students, helping to better educate them about life with dementia and the challenges that come with it.

Every year, a new cohort of Brighton and Sussex Medical School students take part. The Alzheimer's Society are always seeking families in the area who would like the opportunity to make a difference to training health professionals.

Time for Dementia is a fantastic way for the next generation of healthcare professionals to gain first-hand knowledge of what it's like living with dementia.

If you would like to know more about the project, or you know someone with dementia and a family carer who would like to take part, please get in touch with us at timefordementia@alzheimers.org.uk or call 07483 137539.

More information can also be found at alzheimers.org.uk/timefordementia



Cut Out and Keep Bookmark – Button Battery Ingestion

Central Sussex Rotary is warning of the risks of button battery ingestion in children. To help residents know what to do in the event of a child swallowing a battery, the Club has provided a 'cut out and keep' bookmark on the edge of this page.

The number of children ingesting button batteries is on the rise, and it can be very dangerous. If you suspect or witness a child swallowing a battery, seek medical help at A&E immediately and do not let the child eat, drink or try to induce vomiting.

Button batteries can be found in household items, such as remote controls, watches, calculators. To help prevent ingestion, ensure children's toys' battery compartments are secure and never leave a new or used battery anywhere that a child might be able to reach it.

To use the bookmark, simply cut along the dashed line. If you'd like to join in a Rotary project, email centralsussexrotary@gmail.com.

Button Battery Ingestion in Children



Button Battery Ingestion in children most commonly occurs in children under 6, and most frequently in those aged 1. It can cause life-threatening complications and even death, if not identified and dealt with quickly.



If you witness or suspect a child has swallowed a button battery, **seek immediate medical attention at A&E**. Do not let the child eat or drink, do not induce vomiting.



Help prevent ingestion by identifying products with button batteries, ensuring they are securely sealed or kept out of reach of children. Dispose of used batteries immediately.



Bookmark created by Central Sussex Rotary using advice from the European Society for Paediatric Gastroenterology, Hepatology and Nutrition.

An Update from Burgess Hill and District Rotary Club

Once again we were blessed with dry weather for our Car Boot Fair at Burgess Hill Academy on August Bank Holiday Monday and we had a completely full complement of sellers.

The Club have been busy carrying out our normal Rotary activities using some of the monies we have raised from the general public of Burgess Hill at our Car Boot Fairs and our Christmas collections.

With grants from District Rotary and from our own resources, we have sponsored some young Ukrainian refugees to attend a Rotary Youth Leadership Award course, and a



competition between schools in Burgess Hill in a long standing event known as **Youth Debates at Burgess Hill Girls**. A new venture this year was to sponsor an afternoon at the Burgess Hill Rugby Club's premises for our Ukrainian refugees to promote **Ukrainian Independence Day**. Grants and donations have also been made to various causes, the most recent being £600 for a **Shelter Box** to help the homeless in the floods of Pakistan.

Our next money raising task will be our **Sleigh** at the 'It's Christmas!' event in Church Walk on 19 November, which will quickly be followed by our Sleigh outings around our normal routes every Monday, Wednesday, and Thursday commencing from 1 until 23 December.

To find out where we will be on any particular day contact us on www.therotaryclub.co.uk or tune into **Mid Sussex Radio** (formerly Burgess Hill Radio).

For more information about Burgess Hill Rotary Club contact Rotarian Jack Bennett on 01444 232310 or 07733431222.

An Update from St Edward's Church

St Edward's Church will continue to be open to the community with their Community Cafe and Family Fun Events:

The Mustard Seed Community Café

Open Thurs & Friday 10am-2pm
At St Edward's Church, Royal George Road

All welcome for breakfasts, lunches, cakes, refreshments and more!

Family Fun

We hold free family fun events every school holiday, including games and crafts. See St Edward's social media for all the latest details.

Scouts Christmas Post

The 7th and 8th Burgess Hill Scout Groups are planning their Christmas post deliveries.

Please put your cards and 50p per card in the collecting boxes from 19 November. There will be boxes in the Help Point, Waitrose, Co-op and other shops and churches around the town.

The last collection will be at 12 noon on Monday 19 December and deliveries will commence on Tuesday 20 December.

This delivery service raises much needed funds for the Scout Groups so thank you for your support.





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Calling all Young Leaders

Are you a Young Leader in Service; aged between 11 and 18? Then why not apply for the Lion's Young Leaders in Service Award?

If you regularly do voluntary work for the community, environment, helping the homeless, doing safety training, caring for a relative, helping someone to read or write, or work for local charities, read on. Or you could be a leader in such organisations as Cadets, Boy's Brigade, St John's Ambulance, Youth Club, your local church, or a Community Group.

You may also be able to help the Burgess Hill Lions with their fundraising for local charities, disaster relief work, planning a party for children, organising a special day for older people or organising treats.

Maybe you care for a disabled family member, are doing their shopping or look after a younger brother or sister.

Then why not apply for this award?

If you achieve between 25-49 hours, you earn a **Bronze Seal Award Certificate**.

Then for your community service of 50-99 hours, it's a **Silver Seal Award Certificate**.

But for doing 100 hours or more, you earn a **Gold Seal Award Certificate**.



Volunteer Sports Assistant, Jessica Divall, receiving her 'Young Leaders In Service' Award from Burgess Hill Lion's Club President, Alan Ranger outside the Youth Club's HQ

By participating in this scheme:

- You experience the rewards of community service
- Become involved in your community and with our Lion's Club
- Receive an international award
- Receive an Amazon voucher for achieving the Silver and Gold Awards.

For further details and log sheets contact:

Chairman Young Leaders in Service – Lion, Graham Todd Email: amt33gvt@btinternet.com



Neighbourly Care is Looking for **Volunteers**

Neighbourly Care is a charitable organisation founded in 2008 by Anne Jones MBE. It is run entirely by volunteers and our aim is to make our community a better and more caring place. We do this by providing practical help to housebound or isolated older people, people who are sick or disabled, people who are lonely, parents with young children, or people in sudden crisis. We work within Burgess Hill, Hassocks, Keymer, Hurstpierpoint, and surrounding areas.

Our services include activities such as befriending (either through visiting or by phone), shopping, local transport, light help around the home, minor household repairs and small gardening jobs. All services are free though donations are much appreciated.

Clients can contact us directly or can be referred by friends and family or through an agency such as Social Services or doctors' surgeries. Once we have been contacted, the client is assessed by one of our volunteers to identify exactly the kind of help that is required and if we can provide this. If **Neighbourly Care** are not able to help, we can often direct people to an



appropriate source of assistance.

Once we have established that we can assist, our coordinator matches the client with a volunteer. The selected volunteer then makes the arrangements with the client or the referrer. It is important to emphasise that we do not provide nursing or personal care.

We are keen to recruit more volunteers. The skills that volunteers require are friendliness, kindness, patience, enjoyment of other people's company, willingness to give some time and, ideally, the ability to drive, though this isn't essential. Some volunteers offer an hour a week; others volunteer several times a week.

We ask anyone interested in becoming a volunteer to contact us by phoning **07876 066 368** or by emailing **neighbourlycare@outlook.com**.

A committee member will then make contact to discuss the role. Anyone wishing to become a volunteer with Neighbourly Care will be asked to complete a DBS check, complete some paperwork and undertake a brief induction into how we help the community.

Our website is **www.neighbourlycare.co.uk**.



Keeping the History of Burgess Hill Alive

Burgess Hill Heritage and History Association (previously Burgess Hill History Society) was founded in 1979 with the aim of keeping the history of Burgess Hill alive.

It may not be a “chocolate box” village like many of its neighbours but its history is no less interesting or important. It was initially a farming community and from the 14th century St. John's Sheep Fair was held on St John the Baptist day.

Later it was known for the manufacture of bricks and tiles with the last works, Keymer Brick and Tiles, only closing a few years ago and the land now being the site of a large housing estate. Look up and you may see one of their roof finials on an old building.

The Association's founder member, Fred Avery, in conjunction with the Town Council, has recently compiled a Burgess Hill Asset List which lists the old farmhouses, churches, schools and properties that have any terracotta made locally.

The town's Green Circle Public Art Trail commemorates some of its famous residents. One is a sculpture of benefactress, Emily Temple (no images of her are known to exist). She gifted the town with the land which is now

St John's Park and 120 years ago paid for the building of the St John's Working Man's Institute which is now the Park Centre and was left for the town in perpetuity. She also gave money towards the building of St. John's Church where her funeral was held in 1874.

Burgess Hill Heritage and History Association is in the process of producing a website. This will be very important in bringing the history of Burgess Hill to a wider audience and, especially, to school children as well as to the many new residents of the town who will not know of its past.

The Association holds monthly meetings in Cyprus Hall on the second Friday of each month and are currently putting together their 2023 programme with speakers booked to talk about the history of the town's places of worship and working for the Norris Brothers. Further afield speakers will tell us about Sussex's notorious women and the Wealden iron industry.

Guests are always welcome and beforehand the museum is open for people to visit.

Find Burgess Hill Heritage and History Association on facebook to keep up to date!





Do you enjoy playing Bridge?

Hearts of Sussex Bridge Club originated from a few friends in Hassocks playing social Bridge to pass the time during the Covid Pandemic in 2020.

We are a friendly Bridge Club who meet at Age Concern (Hassocks) on Tuesday evenings and also play online on Mondays – both for duplicate pairs.

A small section also plays socially online on Thursday evenings. All sessions start at 7pm (prompt).

For further information
www.hsobcbridgeclub.co.uk
 or call Brian on 01273 844146

BURGESS HILL
 — GIRLS —
 Tomorrow's Women

SENIOR CITIZENS' CHRISTMAS TEA PARTY

THURS 1st DEC 2022
1:30PM - 3:45PM
 (ARRIVAL FROM 1.15PM)

VENUE: CROFT II PERFORMANCE, BURGESS HILL GIRLS

Please join us for tea and cakes with music and entertainment from the students at Burgess Hill Girls.

For free tickets, visit: Burgess Hill Town Council Help Point, 96 Church Walk or call 01444 247726.

Tickets available from the Help Point from 16th November

Event supported by -
Burgess Hill
 Town Council

Burgess Hill Symphony Orchestra
 Patron: Katie Derham
 Conductor: **Michael Stefan Wood BEM** Leader: Richard Sutcliffe

HALL OF FAME

'Finlandia' **Sibelius**
 'Enigma' Variations **Elgar**
 'The Lark Ascending' **Vaughan Williams**
 Richard Sutcliffe: violin

Symphony no 31 'Paris' Mozart
Danzón no. 2 Márquez

Saturday 19th November 2022 7.30p.m.
 St Andrew's Church Junction Road Burgess Hill

Tickets £15, under-16s £5.00 from: Burgess Hill Help Point,
 01444 232067, bhs.o.org.uk/box-office or £17.50 on the door

Charity no. 1048597

making music



'It's Christmas!' is returning to Burgess Hill!

Come on down to Church Walk from 12pm – 5pm, Saturday 19 November, as we step into Christmas, with a whole range of magical activities and entertainment!

Marvel at the talents of the wonderful choirs and community groups Burgess Hill have to offer, as they grace the stage from 12pm – 4pm, before special guest **Tom Ball** takes centre stage and takes us through to the **Christmas Lights Switch On** at 5pm. This year, the Town Mayor will be turning on the Christmas Lights, joined by three lucky winners of the Mayor's Christmas Card Competition!

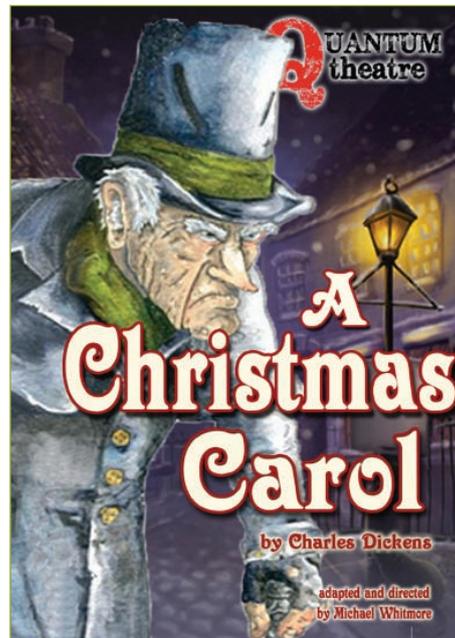
Whilst you listen, enjoy the bustle of our mini Christmas Market. Community groups and local market traders will have Christmas gifts, games and food! With a BBQ from the **7th Burgess Hill Scouts**, to a bottle tombola from **Burgess Hill Bonfire Society**, there will be something for everyone.

Mingling between the crowds there will also be our fabulous street performers! The **Imperial Outlanders** will return with Star Wars and Marvel characters – a **Quiet Meet and Greet** will be held for those with Special Educational Needs and Disabilities, from 11am in the Help Point. Alongside the Imperial Outlanders will be **Hodman and Sally** – the fabulous walkabout puppets from The Flying Buttresses – as well as walkabout magic with **Poi Passion!**

For those that like to play games, we will have **Altitude Events** in attendance with their amazing Reindeer Roll-a-Ball! Why not immortalise your win with a picture? A terrific **Christmas-themed photobooth** will be in the Help Point from 1.30pm – 4pm!

No Christmas is complete without a visit from Santa... There will be a festive grotto for children to visit Santa and get a small present on the day! Running from 12-4pm, this grotto will be supported by Central Sussex Rotary, Burgess Hill and District Rotary, and Burgess Hill District Lions.

So don't miss out on this amazing event, and look out on Burgess Hill Town Council's social media for more information about 'It's Christmas!'



A Christmas Carol Performances

The Town Council is organising two performances of the classic 'A Christmas Carol' in Cyprus Hall on 17 December, at 11am and 1.30pm.

**Tickets: Children - FREE!
Adults - £5**

Book your tickets from 23 November at www.ticketsource.co.uk/whats-on/burgess-hill/burgess-hill-town-council



Choral Society Christmas Concert

At our Christmas concert, Burgess Hill Choral Society will perform Vivaldi's joyous *Gloria* and *Schubert's Mass in G*. There will also be carols for choir and audience. What better way to celebrate the spirit of Christmas?

The twelve parts of the *Gloria* range from the sunniest of sections to moments of great poignancy and reflection. Overall, it is a dazzling masterclass in choral writing. Schubert wrote his in just six days when he was only eighteen. It is a meditative work clearly demonstrating the brilliance of the young composer.

The concert takes place on **Saturday 3 December at 7.30pm** at St Andrew's Church, Burgess Hill, RH15 0LG. Tickets (£14 in advance, £16 on the door, under-18s free) are available from **Burgess Hill Help Point**, on the door, by phone **07522 493966** or from our website at www.burgesshillchoral.org.



Upcoming Events with the Burgess Hill Horticultural Society

The Burgess Hill Horticultural Society is planning a number of events – mark the dates!

The Christmas Market will be open on Saturday 3 December from 10am - 3pm, with an array of trading stalls in support of local causes, refreshments and a tombola. Admission is free!

For anyone interested in learning more about the Society, there will be **open meetings** on 1 February and 1 March, starting at 7.45pm, admission free for members and £1 for visitors.

Finally looking forward, the **Spring Show** will be held on Saturday 25 March from 1.30pm, admission 50p.

All events are held in Cyprus Hall. Find out more: www.burgesshillhorticulturalsociety.com

Burgess Hill Choral Society 
Conductor: Michael Stefan Wood BEM

Gloria Vivaldi
Mass in G Schubert

and Carols for choir and audience

Sussex Mozart Players Leader: Richard Sutcliffe

Saturday 3rd December 2022 7.30 p.m.
St Andrew's Church Junction Road Burgess Hill

Tickets: £14.00 in advance, £16.00 on the door under 18s Free
From: Burgess Hill Help Point, www.burgesshillchoral.org, 07522 493966

 Reg. Charity no. 276759  



Festive Tree Lighting at St John's Church

St John's Church, at Lower Church Road in the centre of Burgess Hill, extends a warm welcome to all who wish to join the **Annual Festive Tree Lighting and Carols** accompanied by **Mid Sussex Brass Band** on Wednesday 14 December at 7pm. The event will start in the Church and then move outside to St John's Christmas Tree.

View the lighting of the tallest tree in the area with over 2000 lights, followed with some mulled fruit cordial and mince pies!



Bringing some Festive Cheer this Christmas

Although Mid Sussex is perceived to be an affluent area, Christmas can be a particularly difficult time of year for people struggling on low incomes or experiencing a financial crisis.

Thanks to the efforts of a group of local organisations and businesses, Christmas will be a little brighter this year for struggling families and individuals. They will receive a food hamper, packed and delivered by volunteers, to help budgets stretch a bit further and bring some festive cheer this Christmas.

The initiative is being organised by Burgess Hill District Lions Club, The Kings Church Mid-Sussex, Burgess Hill Town Council, Burgess Hill Youth and Burgess Hill Community Food Bank, with additional support from Sussex Clubs for Young People. Local schools and businesses are collecting food items.

If you would like to help, you can view the list of food needed and drop in contributions at the Town Council's Help Point at 96 Church Walk. Items are required by Friday 25 November.



What's new in the Help Point Shop

With the Christmas period fast approaching it is the perfect time to support local small businesses, by purchasing a unique gift for your loved one – or yourself! From a bottle of locally produced gin, through to handmade artists cards or even a children's craft kit, the Help Point Shop has you covered!

To celebrate its 25th anniversary of being open to the public, the Town Council's Help Point underwent an extensive refurbishment in November 2021. The shop provides local small businesses, market stall holders and artisans another affordable platform for selling their products outside the market, for a low monthly fee. It remains part of the Town Council's support for the town centre and fledgling local businesses.

If you are interested in having your own pitch within the shop, please contact **Gemma Wallis**, call **01444 247726**, email **gemma@burgesshill.gov.uk** or pop in to 96 Church Walk.



Help Point Surgeries

Unless otherwise stated Surgeries are by appointment only, 9am - 5pm. Book through the given contact number.

Tuesday

Mid Sussex Wellbeing: 10am - 3pm
01444 477191 (Bi-weekly)

NHS Audiology:
0800 622 6282

Workability:
01243 546035

Friday

NHS Audiology:
0800 622 6282

Daily Monday - Friday

Housing & Council Tax Benefit:
Paperwork drop-off service
01444 477264



Shop Independent Loyalty Scheme

Supporting our Independent Businesses

Burgess Hill's Shop Independent Loyalty Scheme is designed to support local, independent businesses by showcasing their products and services whilst providing their customers with an opportunity of winning a **FREE hamper of local goodies**, every 3 months!

The 3 simple steps:

COLLECT YOUR CARD

Collect your loyalty card from participating shops where you see a poster.

SHOP YOUR 6 ITEMS

Purchase items on 6 different occasions from participating local shops. Don't forget to get your card stamped or signed for each purchase!

HAND DELIVERY

Return your completed loyalty card to the Help Point (96 Church Walk, Burgess Hill, RH15 9AS), in order to be in with a chance of winning a hamper full of goodies every 3 months!

Next draw date – 31 December 2022

Overall, Burgess Hill makes shopping locally as simple as possible! If you would like to find out more about this scheme please visit our website, where you will find all shops taking part –

www.burgesshill.gov.uk/shopindependent



Help Point Christmas and New Year Opening Hours

Friday 23 December – 9am-12.30pm

Saturday 24 December – Closed

Sunday 25 December – Closed

Monday 26 December – Closed

Tuesday 27 December – Closed

Wednesday 28 December – 9.30am-12.30pm

Thursday 29 December – 9.30am-12.30pm

Friday 30 December – 9.30am-12.30pm

Saturday 31 December – Closed

Sunday 1 January – Closed

Monday 2 January – Closed

Tuesday 3 January – 9am - 5pm

During the Christmas period, Help Point surgeries will be limited. You are advised to check with the Help Point before attending on 01444 247726.





**Pee Wee (5 -7 years)
Monday 5pm - 6pm**



**Juniors (8 -16 years)
Monday 5pm - 6:30pm**



**GB Team Training (10 years +)
Thursday 6:30pm - 8pm**



**Adults (16years +)
Monday 6:30pm - 8:00pm**

Traditional Karate

THE TRIANGLE- BURGESS HILL, EVERY MONDAY & THURSDAY

Shorinjiryu Renshinkan Karate Do

40 YEARS OF TEACHING EXCELLENCE

renshinkankarateengland.org.uk

01444 454827 / 0797 2146 264

jtrenshinkan@btinternet.com / horsham@renshinkankarate-england.org.uk



CHRISTMAS MEAT HAMPER 2022

Come and support your local butcher this Christmas

Simply ring us on: 01444 400622/ 400396, pop in the shop or order online



£84.99

Delivered to your door

Or collect from our shop up to Mid day Christmas Eve

16lb Fresh Turkey, 3lb Topside of Beef, 3lb Gammon Joint, 3lb Pork Joint,

1lb Pork Sausage Meat, 1lb Back Bacon, 12 Pigs in Blankets

(sausages wrapped in bacon), packet of sage and onion stuffing & 6 Mince Pies

Don't delay contact us today