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BURGESS HILL

— GIRLS —

Tomorrow's Women

# PAMPER DAY FOR CARERS

WED 15 MAR 10.15AM-2.00PM

Are you providing unpaid care for an ill, frail or disabled family member, friend or partner who is unable to manage without your support? *We are holding the perfect event for you!*

Join us at Burgess Hill Girls for a day of pampering and fun activities. Places are limited so book your FREE place from February 23rd. You are welcome to bring the person you care for along to the event.

To book your place, please visit Burgess Hill Town Council Help Point, 96 Church Walk or call 01444 247726 from February 23rd. Please note there is no parking available on site - the nearest car parks are by the station. There will be very limited disabled bays available.

Event supported by -

**BurgessHill**  
Town Council



Carers Support West Sussex  
for family and friend carers